

CAN WE HAVE IT ALL?

Making it Work for You – Empowering WOMEN PAY FOR ONE AND BRING A FRIEND FREE!

Many of our challenges occur when we have to choose between work, having a relationship/family and having a self. Can we have it all?

This workshop is for all women who aspire to preserve the dignity, integrity and wellbeing of self! Come and Learn **HOW**

“The thoughts we choose TO THINK are the tools we use to paint the canvas of our lives.” Louise Hay

If you are asking the questions.....

- How can I overcome that feeling of not being listened to?
- How can I make responsible decisions that are congruent with my values and beliefs?
- How do I move forward with confidence?
- How do I know when it is time to finally say ENOUGH?
- How do I juggle everything? Do I NEED to?

Then we invite you to attend this exciting workshop where...

- Having fun is assured
- You will develop practical strategies to value yourself
- You will learn how to balance priorities and create a fulfilling life

Come and join us at The Stables, Redhill, on the beautiful Mornington Peninsula for Sat 16th and Sun 17th August. For an investment of \$1500 (tax deductible) for yourself AND A FRIEND, you will experience beautiful surroundings, a luxury ensuite room, a massage, gourmet food, time out to ‘smell the roses’ and a FUN weekend of strategies PLUS a follow up coaching session.

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