



INSTITUTE OF
PSYCHOLOGICAL
PRACTICE

Professional Training for Psychologists

Our Vision is To Develop and Promote Excellence in Psychological Practice

The Institute serves psychologists globally and provides specialist humanitarian support.



2009 Symposium

“Building Individual and Corporate Resilience” -Lessons from Military and Organisational Settings

- Are adjustment and recovery resilience traits or is resilience a process?
- Can resilient people allocate sufficient emotional resources to cope with changing demands?
- Does resilience, like self-control, grow if regularly exercised, but become depleted if not used?
- Can resilience be taught and developed?
- Do resilient people build resilient organisations?
- Would a separate scale of resilience be useful in personnel selection procedure?

Be part of this stimulating discussion at IPP Symposium 2009

Key Presenters include:

Prof. Dr. Sergey Lytaev, State Pediatric Medical Academy, St Petersburg, Russia

Antero Johansson, National Defense University, Finland

Denis Flores, FAPS, Institute of Psychological Practice, Australia

Defence Psychology Organisation representative, Australia

Day 1 consists of seminar presentations, followed by an extended interactive session.

Day 2 is a Workshop with detailed learning on the understanding and measurement of resilience.

Where: Victoria University, Level 12, 300 Flinders St Melbourne

When: Monday 9th and Tuesday 10th November 2009, 1.30 pm to 5 pm both days

A detailed program and registration form for both sessions is available at www.psychologicalpractice.org

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